**LIFELINES**

**Colorado Crisis Services** 1-844-493-8255
Or text “TALK” to 38255
**Crisis Text Line:** Text “HOME” to 741741
**National Suicide Prevention Lifeline**
1-800-273-TALK (8255)
*Press 1 for Veterans Crisis Line*

**Pueblo Rape Crisis Services** 719-549-0549
**Safe2Tell** 1-877-542-7233
**The Trevor Lifeline (LGBTQ)** 1-866-488-7386

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**ONLINE RESOURCES**

**Colorado Crisis Services**
coloradocrisisservices.org
**Half of Us** - halfofus.com
**Kevin Hines Story** - kevinhinesstory.com
**Let’s Talk Colorado** - letstalkco.org
**Make It OK** - makeitok.org
**Mental Health First Aid Colorado**
mhfaco.org
**Need to Text** - need2text.com
**OK to Talk** - ok2talk.org
**Responsibility Grows Here**
responsibilitygrowhere.com
**Safe2Tell** - safe2tell.org
**SAMHSA** - samhsa.gov
**Speak Now Colorado** - speaknowcolorado.org
**Stamp Out Stigma** - stampoutstigma.com
**Suicide Awareness Voice of Education**
save.org
**Suicide Prevention Lifeline**
suicidepreventionlifeline.org
**Suicide Prevention Resource Center** - sprc.org
**The Trevor Project (LGBTQ)**
theatreverproj.org
**To Write Love On Her Arms** - twloha.com

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**BEHAVIORAL HEALTH RESOURCES**

**Crossroads Turning Points**
crossroadstp.org
546-6666

**Health Solutions**
health.solutions
545-2746

**Mental Health America of Pueblo**
pueblamentalhealth.org
966-7642

**National Alliance on Mental Illness (NAMI)**
namisoutheastco.org
315-4975

**Parkview Medical Center**
**Behavioral Health Division**
parkviewmc.com/care-treatment/behavioral-health
595-7891

**Pueblo Senior Resource Development Agency**
srda.org/index.aspx?NID=88
583-6611

**Pueblo Community Health Center (PCHC)**
puebloc chc.org
543-8711

**Associates for Psychotherapy & Education**
aforp.com
564-9039

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**Pueblo Department of Public Health & Environment**

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